

General

There is a requirement in all Royal Marines units and establishment and in certain HM Ships and Royal Naval establishments for NCOs with a specialist knowledge of P & RT and with a particular knowledge of Athletics, Boxing, Fencing, Judo and Swimming.

2. There are three standards for this qualification :-

(a) Staff Instructor (PTSI)

Able to instruct and supervise in all types of P & RT and in particular to be an instructor in one of the following subjects :-

Athletics	Boxing
Fencing	Judo
Swimming	

(b) PT 1

(i) Able to instruct and supervise in all types of P & RT including remedial exercise instruction.

(ii) Be a qualified referee in :-

Association Football and
Rugby Football or Hockey or Water Polo.

(c) PT 2

(i) Able to teach and exercise under supervision Basic and Battle PT, Daily Physical Exercises and Recreational Training.

(ii) Able to teach elementary principles of athletics, boxing, fencing, judo and swimming.

(iii) Be a probationary referee in :-

Association Football and
Rugby Football or Hockey or Water Polo.

(iv) To have reached the required standard in apparatus work and agility.

Courses

3. Qualifying courses are held at PT School RM with attachments to Commando School RM, ITC RM and RAF Orthopaedic Centre.